

**FOR IMMEDIATE RELEASE:**

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**In the midst of the beauty of Africa, relationships and political views are explored in debut novel “Africa in Motion”**

*Debut author tells of her journey through Africa and the people and views she encounters in “Africa in Motion, Monkeys on My Back with Bush Creatures in My Midst” (978-1-4241-2497-2, Trade Paperback, 195 pp, 6 x 9, \$19.95)*

**December 11, 2006 – Hayward, CA.** Free from the hierarchy of corporate life after being laid off from her job as a manager at a brokerage firm, the narrator hit the road to discover greater meanings. She traveled with ten people on a six-month tour of Africa. Soon she realized her traveling companions mirrored the images of power and control she wanted to escape.

In the midst of the beauty of the African culture, she became entwined in complex, interpersonal relationships and the potential impact of war as the invasion of Iraq loomed, and the fighting began. “Transition points in history have always interested me, people living in changing cultures, belief systems, and historical moments,” the author muses. “Traveling inspires me by allowing the language center of my brain to press a pause button. Memories tumble around looking for order in a new reality.”

*Africa in Motion: Monkeys on My Back with Bush Creatures in My Midst* is a combination travelogue, political satire, character study, and philosophical treatise. This book provides a thought-provoking look into the lives and cultures of the people the author encountered along her journey. “Timeless,” one reader intones, “hard-hitting, politically clever.” *Africa in Motion* can be purchased at Amazon.com and through other discerning booksellers.

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